

1



2



3

Person-Centered Care

Center for Medicare and Medicaid Services (CMS) defines Person-centered care as medical treatment:

- Directed and informed by resident's wishes, choices and personal values
- Delivering measurable outcomes based on resident feedback
- Involving interdisciplinary care
- Managing multiple medical conditions
- Developing trusting relationships between resident and care providers

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4

4

Person-Centered Care

A method to provide care by recognizing the value of a person and self-worth



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5

5

Person-Centered Care Goals

- To help the resident meet needs for attachment, inclusion, sense of well-being, and comfort
- To support an individual as a member of a community
- To honor the importance of keeping the resident at the center of the care planning and decision-making process

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6

6

Person-Centered Care Goals

- To see the resident as a unique individual
- To respect skills and abilities
- To support the resident to be successful and maintain independence

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7

Person-Centered Care in Practice

What does person-centered care mean for residents?



What does person-centered care mean for health care providers?

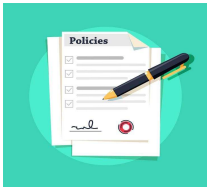



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8

Person-Centered Care in Long-Term Care

Federal regulations from CMS for long-term care address and support person-centered care





Facilities are required to provide training that leads to person-centered care

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9

Benefits of Person-Centered Care

Where a resident lives is the resident's home and can be made more homelike through person-centered care



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10

10

Person-Centered Care Nurse Aide Role

- Communicate resident preferences and choices during shift change
- Develop caregiving behaviors when providing resident care and completing tasks
- Incorporate practices supporting diversity, equity, and inclusion
- Provide a home-like environment

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11

11

Person-Centered Care - Relationships

Relationships allow for a better understanding of ourselves, our co-workers, and our residents



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12

12

Person-Centered Care – Relationships

- Integrating diversity, equity, and inclusion principles into healthcare promotes collaboration, trust, and better health for outcomes
- An inclusive environment allows each resident to receive person-centered and equitable care



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13

13

Person-Centered Care



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14

14

The End

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15

15
